Jointly Provided by
American Psychiatric Association
and the Arizona Psychiatric Society

In conjunction with
the Arizona Chapter of the
Academy of Child and Adolescent Psychiatry

Marriott Phoenix Tempe
at The Buttes
2000 West Westcourt Way
Tempe, Arizona  85282
“MIND MATTERS”

Arizona Psychiatric Society Annual Meeting 2017
May 6, 2017

AGENDA

7:00 – 7:50 am  Continental Breakfast

7:30 – 7:45 am  Physician Peer Poster Preview*
(*Posters and Authors Detailed Later in Program)

7:50 – 8:00  Welcome and Opening Remarks

8:00 – 9:00  “The Art and Science of Dialectical Behavior Therapy”
Melanie S. Harned, PhD, ABPP
Director of Research, Behavior Research and Therapy Clinics
Director of Research and Development, Behavior Tech, LLC
Research Scientist
Seattle, WA

Dr. Harned’s Educational Objectives (Talk 1):
1. Differentiate the DBT treatment targets and how to structure
   treatment for individuals at high risk for suicide.
2. Identify the core strategies used in DBT, including problem-solving
   and validation.
3. Assess research data on DBT.

9:00 – 9:15  Questions & Answers with Dr. Harned

9:15 – 9:35  Break / Visit Exhibitors
Physician Peer Poster Voting (Ballots need to be turned in by 3:10 PM to
be counted)

RFM and Medical Student Poster Preview

9:35 – 10:35  “Treating PTSD during Dialectical Behavior Therapy”
Melanie S. Harned, PhD, ABPP
Director of Research, Behavior Research and Therapy Clinics
Director of Research and Development, Behavior Tech, LLC
Research Scientist
Seattle, WA
“Treating PTSD during Dialectical Behavior Therapy” (continued)
Melanie S. Harned, PhD, ABPP

Dr. Harned’s Educational Objectives (Talk 2):
1. Differentiate the rationale for integrating PTSD treatment into Dialectical Behavior Therapy.
2. Identify the basic structure and procedures of the DBT Prolonged Exposure protocol.
3. Assess research findings evaluating the safety and effectiveness of the treatment.

10:35 – 10:50 Questions & Answers with Dr. Harned

10:50 – 11:50 “Overview of Pediatric Movement Disorders”
David Shprecher, DO, Msci
Movement Disorders Director
Banner Sun Health Research Institute
Sun City, Arizona

Dr. Shprecher’s Educational Objectives:
1. Identify basic semiology and diagnostic criteria for pediatric movement disorders that are commonly seen in psychiatric practice.
2. Discuss key management considerations for pediatric movement disorders.
3. Explain when to consider referral of pediatric movement disorder patients.

11:50 am – 12:05 pm Questions & Answers with Dr. Shprecher

12:05 – 12:45 Lunch
AACAP Business Meeting in Apache/Navajo Rooms

12:45 – 1:20 APS Business Meeting and Awards

1:20 – 1:35 “Legislative Update”
Joseph F. Abate, Esq., Peters, Cannata & Moody, PLC (Of Counsel), APS Lobbyist

1:35 – 1:50 “Physician Engagement in the Legislative Process”
Arizona Representative Heather Carter
Chairperson of the House Health Committee; Member, House Appropriations Committee; Vice-Chair, House Appropriations Subcommittee on Education
Mr. Abate’s and Representative Carter’s Educational Objectives:
1. Summarize the key legislative issues affecting the practice of psychiatry and other physicians.
2. Distinguish the importance of physician involvement in the development of laws and regulations that impact the practice of psychiatry and mental health parity.
3. Identify legislative issues on the horizon and effective ways in which to become involved at a grassroots level.

1:50 – 2:35 pm  “Neurotherapeutics: rTMS and ECT”
Katharine N. Woods, MS, DO
Assistant Professor, Psychiatry, University of Arizona College of Medicine
Tucson, Arizona

Dr. Woods’ Educational Objectives:
1. Distinguish the procedures, practice, and current theories of the mechanisms of both ECT and rTMS.
2. Identify the indicated and currently recognized uses of each modality, as well as the potentials for their use in the future.
3. Differentiate the appropriate application of each treatment modality, with a focus on patient selection for optimal outcomes.

2:35 – 2:50  Questions & Answers with Dr. Woods

2:50 – 3:10  Break / Visit Exhibitors / RFM and Medical Student Poster Judging

3:10 – 4:10  “The Organ of the Self: Neurobiology and Psychiatry, Part 1”
Sheldon H. Preskorn, MD
Professor of Psychiatry, Kansas University School of Medicine – Wichita,
President & CEO, Clinical Research Institute

4:10 – 4:25  Questions & Answers with Dr. Preskorn

4:25 – 4:35  Break / Poster Awards Announced

4:35 – 5:35 pm  “The Organ of the Self: Neurobiology and Psychiatry, Part 1”
Sheldon H. Preskorn, MD
Professor of Psychiatry, Kansas University School of Medicine – Wichita,
President & CEO, Clinical Research Institute
Dr. Preskorn’s Educational Objectives for Part 1 and Part 2 combined:

1. Improved understanding of the rational combination of medications and other therapeutic modalities based on the known neurobiology underlying specific illnesses or behavioral dysfunctions.

2. Better ability to document and explain from a neurobiological perspective the rationale underlying the treatment plan for patients, their families, insurers, and quality assurance monitoring.

3. Improved ability to understand the development of central nervous system drug with novel mechanism of action thus facilitating their incorporation into clinical practice.

5:35 – 5:50 Questions & Answers with Dr. Preskorn

5:50 pm Adjournment
GENERAL LEARNING OBJECTIVES

At the conclusion, the attendee should be able to:

a. Apply current principles of psychiatry and identify practicable interventions in one or more of the practice focus topics addressed in the Annual Meeting.
b. Effectively and efficiently manage psychiatric conditions presented through updates in standards of care.
d. Learn new techniques, both pharmacological and psychosocial, and apply them towards the improvement of patient care.
e. Keep abreast of current and new issues with in-depth presentations by authorities in these fields.

ARIZONA PSYCHIATRIC SOCIETY OFFICERS

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Aaron R. Wilson, MD, FAPA, President-Elect and APA Assembly Representative
Mona Amini, MD, Vice President
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Payam M. Sadr, MD, FAPA, Past President and APA Assembly Representative
Wanda Shao, DO, and Brandon Yates, MD, Resident-Fellow Member Co-Representative

DISCLOSURE

It is the policy of the APA to comply with the ACCME standards for commercial support of CME. Planning Committee members and related staff disclosures must be on file annually with disclosures made available on program materials. Faculty participating in provided or jointly provided programs by APA are required to disclose to the program audience any real or apparent financial relationships with commercial interests related to the content of their presentation(s). Faculty also are responsible for disclosing any discussion of off-label or investigational use of a product.

Faculty Disclosures

Neither Dr. Woods, Mr. Abate, or Representative Carter, nor his/her spouse/partner has any financial relationships with commercial interest, and they will not discuss unapproved uses of a commercial product, or investigational use of a product not yet approved for this purpose, during their presentation at this educational activity. Dr. Harned has disclosed that she has a relevant financial relationship through service as a consultant and employment by Behavioral Tech, LLC, and from grant/research support funded by National Institute of Mental Health within the last twelve months. Dr. Shprecher has
 disclosed that he has a relevant financial relationship through speaker and consulting fees from Teva and Lundbeck; speaker fees from Tourette Association of America; research support from the Arizona Alzheimer’s Consortium, Axovant, Intec, Neurocrine, Teva, US World Meds, Kyowa, Michael J Fox Foundation, and the NIH within the last twelve months. Dr. Preskorn has disclosed that he has relevant financial relationships through Acadia consultant, Allergan consultant and study grant through Kansas University (“KU”), AssureX scientific advisory board, BoiXcel consultant, Cercor consultant, Eisai study grant through KU, FDA speaker, Forum consultant, Glaxo-Smith-Kline consultant, Johnson & Johnson consultant and study grant through KU, Merck consultant and speaker, Pfizer International speaker, Rugen Holdings consultant, Stanley Medical Research Institute study grants through KU Contract, Sunovion speaker, and Vanda consultant, expert, speaker, and notes that all clinical trial and study contracts were with and payments made to the Kansas University Medical Research Institute, a research institute affiliated with Kansas University School of Medicine – Wichita (KUSW-W), no payments received for authoring any scientific manuscripts, expenses covered for some presentations at national scientific meetings, and over a 38-year career has worked with more than 135 pharmaceutical and biotech companies as consultant, investigator, or speaker. Dr. Shprecher has disclosed that he may discuss unapproved uses of a commercial product, or investigational use of a product not yet approved for this purpose during his presentation(s) at this educational activity. they will not discuss unapproved uses of a commercial product, or investigational use of a product not yet approved for this purpose, during their presentation at this educational activity. Dr. Harned and Dr. Woods will not discuss unapproved uses of a commercial product, or investigational use of a product not yet approved for this purpose, during their respective presentations at this educational activity.

**Arizona Psychiatric Society Planning Committee**

Gurjot Marwah, MD, Planning Committee Chair  
Gretchen Alexander, MD  
Mona Amini, MD  
Michael Brennan, MD, DLFAPA  
Tariq Ghafoor, MD  
Amie Kafer, DO  
Joanna Kowalik, MD, MPH  
Payam M. Sadr, MD, FAPA  
Kathy W. Smith, MD  
Ole Thienhaus, MD, DLFAPA  
Wendy J. Watson, MD  
Teri Harnisch (Staff)

**Planning Committee Disclosures**

Neither Drs. Marwah, Alexander, Amini, Brennan, Ghafoor, Kowalik, Sadr, Smith, Thienhaus, and Watson, and Mrs. Harnisch, nor his/her spouse/partner, has any financial relationships with commercial interest, and they will disclose any conflict of interest that may arise during the planning of CME
activities and recuse themselves from any discussions where a potential bias could exist. Dr. Kafer has disclosed that she has a financial interest through the ownership of stock options in Pfizer, Inc., and has stated that she will disclose any conflict of interest that may arise during the planning of CME activities and rescue herself from any discussions where a potential bias could exist.

**ACCREDITATION**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and the Arizona Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians.

**DESIGNATION**

The American Psychiatric Association designates this live activity for a maximum of 7.75 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**TARGET AUDIENCE**

Member Psychiatric physicians, non-member psychiatric physicians, and physicians of other specialties.

**EVALUATION AND CME CERTIFICATE**

At the conclusion of the conference, physician participants will be provided with an opportunity to claim hours of participation and receive an official CME certificate by completing the online CME conference evaluation pursuant to the following steps:

Here’s the link to this event: [http://apapsy.ch/mind-matters](http://apapsy.ch/mind-matters)

Code: **AZ171**


2. Log in with your APA username and password or create a new account. (Please note, the APA upgraded its membership system in recent months, and you may need to visit psychiatry.org and reset your password for the new system if you have not done so recently.)

3. After reviewing the CME information, enter the Group Code AZ171 on the Purchase page and click “Submit” to proceed to the evaluation and certificate. Select “AMA PRA Category 1 Physician” as your certificate type. **You must claim your CME credit by June 6, 2017.**

For customer support, please email apalms@psych.org.
EVALUATION AND CERTIFICATE OF PARTICIPATION

Non-physician participants will have the opportunity to receive a certificate of attendance. At the conclusion of the conference, non-physician participants should complete the online conference evaluation at [http://apapsy.ch/mind-matters](http://apapsy.ch/mind-matters) in order to print a certificate of attendance. Follow the instructions above, but select “Certificate of Participation” as your certificate type.

Regarding the login, participants who have not previously established an account can create one by clicking the “Create New Account” button on the Activity Preview page (the page that opens when you click on the link above). You do not have to be an APA member to establish an account. APA members who are not certain about their login info can call APA Customer Service at 703-907-7300 to retrieve their user name and password.

Please note that the APA Learning Management System will not award CME credit for the online activity after the expiration date (June 6, 2017). If you claim a certificate online before the activity expires, you can always print a new copy, even after the expiration date passes. But if you do not claim the CME credit before June 6, 2017, there is no mechanism to generate the certificate.

For any additional questions or feedback regarding the Annual Meeting, please contact Teri (teri@azmed.org, 602-347-6903).

POSTER PRESENTATIONS

To keep abreast of the current research and case studies of the Arizona psychiatric community, the APS Annual Meeting includes poster presentations by the following individuals, included as part of the Poster Presentation Session at the 2017 APS Annual Meeting. The Resident-Fellow Member and Medical Student submissions are judged by a panel of judges and the Peer Physician submissions are for peer review and feedback:

**RESIDENT-FELLOW MEMBER AND MEDICAL STUDENT POSTER SUBMISSIONS**

**First Author:** Jeffrey Burrow, MD, PGY-2, Banner UMC Phoenix  
**Secondary Authors:** Stephen Mecham, DO, Amal Sharifi, MD  
**Topic:** Catatonia, Psychosis  
**Title of Poster:** AN ATYPICAL ANTIPSYCHOTIC AND BENZODIAZEPINE USED TO TREAT HALOPERIDOL INDUCED CATATONIA: A CASE STUDY

**First Author:** Maya Heck MD, PGY-1, MIHS  
**Secondary Authors:** Devnandini Rastogi MD  
**Topic:** Medication adverse effect; treatment of schizophrenia; first generation antipsychotics  
**Title of Poster:** TRANSAMINITIS IN A PATIENT WITH SCHIZOPHRENIA TREATED WITH LOXAPINE: A CASE REPORT
First Author: Marie Roy-Babbitt, MD, PGY-2, MIHS
Secondary Authors: Mamuna Ahmad MD, Steven Kwoh MD, Gwen Levitt DO
Topic: Bipolar disorder, treatment resistance
Title of Poster: TREATMENT-RESISTANT ULTRA-RAPID CYCLING BIPOLAR DISORDER: A CASE REPORT

First Author: Arielle Eliz Rubin, B.A., MSIV, University of Arizona College of Medicine Phoenix
Secondary Authors: Francisco Moreno M.D., Associate Vice President, Diversity and Inclusion at University of Arizona College of Medicine Tucson, Professor of Psychiatry
Topic: Latina mental health, Trauma exposure during immigration journeys and resilience, Depression in Hispanic undocumented female immigrants
TITLE OF POSTER: “EL VIAJE AL OTRO LADO”: RELATIONSHIP BETWEEN DEPRESSION ONSET IN LATINAS AND IMMIGRATION EXPERIENCE COMING TO THE UNITED STATES

First Author: Wanda Shao, DO, PGY-4, Banner UMC Phoenix
Secondary Authors: Shehzad Ayub, DO; Will Heise, MD; Richard Gerkin, MD
Topic: psychopharmacology
TITLE OF POSTER: QTC PROLONGATION AND TDP ASSOCIATED WITH PSYCHIATRIC MEDICATIONS: A RETROSPECTIVE CROSS-SECTIONAL STUDY OF ADULT INPATIENTS

PHYSICIAN PEER POSTER SUBMISSIONS

First Author: Eric Hegybeli, DO, Psychiatric Physician Private Practice
Secondary Authors: James R. Ghattas, OMSIII
Topic: Quality of Life, Mind-Body Medicine
TITLE OF POSTER: CASE REPORT: THE USE OF OSTEOPATHIC MANIPULATIVE TREATMENT (OMT) TO TREAT THE LYMPHATIC SYSTEM AND REDUCE EDEMA IN A PATIENT STATUS-POST HYPERThERMIC INTRaperitoneAl CHEMOTHERAPY (HIPEC)

First Author: Gwen Levitt, DO, Psychiatric Physician and Researcher, MIHS
Secondary Authors: Jennifer Weller, PhD
Topic: Illicit Drugs
TITLE OF POSTER: ILLICIT SUBSTANCES: WHAT YOUR PATIENTS (AND TEENAGERS) MIGHT BE USING
PRESENTATIONS AND HAND-OUTS

As an environmental and cost-saving measure, the speaker presentation materials are available in electronic format in single slide view to enhance readability at: http://azpsych.org. Please select the page, 2017 Annual Meeting, subpage 2017 Meeting Packet. The 2017 Meeting Packet subpage is password protected. Log-on is:

User: aps2017annual
Password: 05062017

To help offset printing costs, attendees who elected to receive printed copies of the presentations are asked to make a voluntary cash donation of $20 onsite at the meeting. If you elected electronic and would like to have a printed copy of the presentations mailed to you, please contact Teri (teri@azmed.org, 602-347-6903).

SPECIAL RECOGNITIONS

The Arizona Psychiatric Society recognizes the following members for their outstanding achievements.

Society Awards

Gurjot Marwah, MD, in recognition for his distinguished service and leadership as President of the Arizona Psychiatric Society, 2016-2017. (Presented by President-Elect Aaron Wilson, MD)

Ron Wright, PhD/MD/PhD, as the 2017 recipient of the Howard E. Wulsin Excellence in Teaching Award for his outstanding contributions to psychiatric education. (Presented by Brandon Yates, MD)

Past recipients of the Howard E. Wulsin Excellence in Teaching Award include: Howard E. Wulsin, MD, DLFAPA, 2005; Eric Michael Reiman, MD, 2006; John Cecil Racy, MD, DLFAPA, 2007; James Brian McLoone, MD, DLFAPA, 2008; William Scott James, MD, DLFAPA, 2009; Michael Edward Brennan, MD, DLFAPA, 2010; Aimee C. Kaempf, MD, 2011; M. Christian Cornelius, MD, 2012; and Martin B. Kassell, MD, DLFAPA, 2013; Richard D. Lane, MD, PhD, 2014; Andrea Joy Waxman, MD, 2015; Devna Rastogi, MD, 2016.

Career Achievement in Psychiatry Award (fourth annual presentation of the same), being presented by Dr. Payam Sadr with contributions from Dr. Martin Kassell, and on behalf of the Society, to:

Jehangir “Jay” Boman Bastani, MD, DLFAPA

Past recipients of the Career Achievement in Psychiatry Award are: David J. Coons, MD, DLFAPA, 2014; Barry Morenz, MD, DFAPA, 2015; and Martin B. Kassell, MD, DLFAPA, 2016. Established in 2014, this annual award has been created for the purpose of recognizing from within the Arizona Psychiatric Society a member whose career achievements have ennobled the profession of psychiatry and best
exemplify the APS values of providing compassionate patient care and support of peers, leadership, community service, education, advocacy, and clinical excellence.

**Resident Recognition Awards**, being presented by Dr. Marwah, on behalf of the Society, to the following Resident-Fellow Members of APS:

**Brandon Lee Yates, MD, University of Arizona College of Medicine, Tucson Campus**

**Beth Darling, DO, Maricopa Integrated Health Systems**

**Wanda Shao, DO, Banner – University Medical Center Phoenix**

Past recipients of the Resident Recognition Awards are: 2014 - Jason Curry, DO, Matthew A. Goldenberg, DO, and Felicitas Koster, DO; 2015 – Jasleen Chhatwal, MD, Krystal Chavez, DO, Alicia Cowdrey, MD, and Ryan M. Wilke, DO; 2016 – Jesse Reinking, DO, Alicia Cowdrey, MD, and Matthew Markis, DO. Established in 2014, this annual award has been created for the purpose of providing Arizona psychiatric residency training programs with an opportunity to recognize a Resident-Fellow member who best exemplifies one or more of the APS values of providing compassionate patient care and support of peers, leadership, community service, advocacy, and clinical excellence.

**Special Presidential Commendation Awards** are being presented by Dr. Marwah, on behalf of the Society, to:

**Carol K. Olson, MD, FAPA, Leadership Award**, in recognition of outstanding contributions to the field of psychiatry through advocacy, leadership, mentoring, education, and patient care.

**Ole J. Thienhaus, MD, DLFAPA, Leadership Award**, in recognition of outstanding contributions to the field of psychiatry through advocacy, leadership, mentoring, education, and patient care.

**Distinguished Fellows**

The following Arizona Psychiatric Society member will be awarded Distinguished Life Fellow status by the APA at the Convocation of Distinguished Fellows at the 2017 APA Annual Meeting:

*Marcelle D. Leet, MD, DLFAPA*

*Roland Segal, MD, DFAPA*

**Fellows**

The following members of the Arizona Psychiatric Society will be awarded Fellow status by the APA at the Convocation of Fellows at the 2017 APA Annual Meeting:

*Mona Amini, MD, FAPA*

*Sandra Ann Jacobson, MD, FAPA*

*Saul Gilberto Perea, MD, FAPA*
Life Members

The following members of the Arizona Psychiatric Society are being recognized by the APA for reaching the following Life membership status as of January 2017:

Mary Catherine Nowlin DO DLFAPA
Stephen Paul Herman MD LFAPA
Howard Keith Mason MD LFAPA
Narendra Chauhan MD LFAPA
Shelley Jacquelyn Doumani-Semino MD LFAPA
Balbir C Sharma MD LAPA

Of special note, we recognize the following members who achieved the pinnacle of 50-Year Members in the APA as of January 2017:

Joseph D Bloom MD DLFAPA
Ronald V Nazareth MD LFAPA
Robert E Cottor MD LAPA

These members will be acknowledged in the Convocation at the 2017 APA Annual Meeting.

Congratulations to these members of the Arizona Psychiatric Society on their distinguished careers, and thanks for their continued support and membership in the Arizona Psychiatric Society and the American Psychiatric Association.

PUBLIC WI-FI FOR MEETING GUESTS

Public Wi-Fi has been made hosted by the Arizona Psychiatric Society for up to one log-on per attendee. Please help by logging on to only one device for the meeting. Please note this is a public access network. Log-on instructions are as follows:

Search for available wireless networks
Connect to Marriott Conference
Open a NEW Browser Window
Accept Marriott Terms & Conditions
Type the code in the dialogue box when prompted: AZPS2017
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The Arizona Psychiatric Society would like to thank the following companies for their participation and support of the 2017 Annual Meeting.

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The exhibitor drawing prizes are sponsored by the Arizona Psychiatric Society and the Physician Payment Sunshine Act does not apply to your participation in the raffle or in the event that you are chosen as the recipient of one of those prizes.